

Join your neighbors in becoming a healthier community by participating in **LA CENTER'S WEIGHT LOSS CHALLENGE**



916 POUNDS LOST

COME BE A PART OF THE CITY WIDE CHALLENGE YOU WILL RECEIVE PERSONAL COACHING, BODY ANALYSIS, MEAL PLANNING IDEAS, GROUP SUPPORT AND MUCH MORE!

COMMUNITY INVOLVEMENT

50% OF THE REGISTRATION FEES WILL GO TO LCEF



LOSE WEIGHT & WIN MONEY\$\$\$

50% OF THE REGISTRATION FEES WILL GO TO THE TOP 3 WINNERS!!

**\$35 FOR THE 12 WEEK CLASS
CLASSES STARTING FEBRUARY 8 & 12
TUESDAY EVENINGS 6:00PM OR
SATURDAY MORNINGS 9:30AM
AT THE COMMUNITY CENTER**

**To register call Pam @360-369-4736 or
www.ci.lacenter.wa.us**